In Our GOOD BOOKS

VOLUME ONE

149 Kenneth Street
Duncan, B.C. V9L 1N5

250.748.1533

volume1@islandnet.com www.volumeone.ca

Soul Food



One Drum: Stories and Ceremonies for a Planet - by Richard Wagamese
One Drum draws from the Ojibway tradition, The Grandfather Teachings.
Focusing specifically on the lessons of humility, respect and courage, the volume contains simple ceremonies that anyone anywhere can do, alone or in a group, to foster harmony and connection.

Wagamese believed that there is a shaman in each of us, and we are all teachers and in the world of the spirit there is no right way or wrong way. \$18.95 PB

The House the Spirit Builds

by Lorna Crozier
Following the success of her bestselling
2015 gift book The Wild in You: Voices
from the Forest and the Sea, renowned
poet Lorna Crozier offers another
masterful collection of poems inspired by

nature, this time set in the Frontenac Arch Biosphere Reserve in Southeastern Ontario. \$22.95 PB





Morning Glory on the Vine: Early Songs and Drawings - by Joni Mitchell A gorgeous compendium of Joni Mitchell's handwritten lyrics and drawings, originally handcrafted as a gift for a select group of friends in 1971 and now available to the public for the first time. \$57.00 HC

Simple Abundance: 365 Days to a Balanced and Joyful Life – by Sarah Ban Breathnach The mega-bestselling guide that has led so many women to more fulfilling, harmonious, and joyful lives—fully updated and expanded for fans of the original and a whole new generation that needs it now more than ever. \$37.00 HC





Rumi: Unseen Poems

- by Rumi

A collection of never-before-translated poems by the widely beloved medieval Persian poet.

\$19.95 HC

Gift Certificates, available in any denomination, make the perfect gift.

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On Being Human

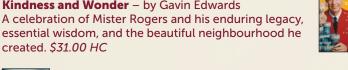


How to Raise a Reader - by Pamela Paul, Maria Russo, Dan Yaccarino

Divided into four sections, from baby through teen, and each illustrated by a different artist, this book offers something useful on every page, whether it's how to develop rituals around reading or build a family library,

or ways to engage a reluctant reader. A fifth section, "More Books to Love: By Theme and Reading Level," is chockful of expert recommendations. \$29.95 HC

Kindness and Wonder – by Gavin Edwards A celebration of Mister Rogers and his enduring legacy, essential wisdom, and the beautiful neighbourhood he





Rising: First Canadian Woman to Summit Everest by Sharon Wood

In 1986, as part of a Canadian team, Sharon Wood became the first woman from the Americas to summit Mount Everest—and the first woman in the world to do so via the West Ridge from Tibet and without Sherpa support. But it

is how she got there that is truly compelling. \$29.95 HC

Forty Fathers: Men Talk about Parenting - by Tessa Lloyd Forty Canadian fathers, from Trevor Linden to Lawrence Hill, reflect on their unique parenting challenges and accomplishments. Many common themes emerge throughout the stories, including the process of overcoming cultural messages that encourage men to be strong, authoritarian and emotionally unavailable. \$34.95 HC



In Pieces – by Sally Field

In this intimate, haunting literary memoir and New York Times Notable Book of the year, an American icon tells her own story for the first time -- about a challenging and lonely childhood, the craft that helped her find her voice, and a powerful emotional legacy that shaped her

journey as a daughter and a mother. \$22.99 NOW IN PAPERBACK

Talking to Strangers: What We Should Know about the People We Don't Know – by Malcolm Gladwell Gladwell, host of the podcast Revisionist History and author of Outliers and The Tipping Point, offers a powerful examination of our interactions with strangers--and why they often go wrong. \$36.99 HC



(A)

FORTY

FATHERS



The Crying Book – by Heather Christle Honest and intelligent, The Crying Book is a scientific, cultural, and deeply personal tribute to the fascinating strangeness of tears and unexpected resilience of joy. \$25.50 PB

Can You Tolerate This? - by Ashleigh Young A wry and luminous collection of essays on youth and aging, ambition and loneliness, the limitations of the body and fierce, complicated attachments to home. In Can You Tolerate This? Young ushers us into her early years in the faraway yet familiar landscape of New Zealand. \$22.00 PB





The Body: A Guide for Occupants – by Bill Bryson The bestselling author of A Short History of Nearly Everything takes us on a head-to-toe tour of the marvel that is the human body. As compulsively readable as it is comprehensive, this is Bryson at his very best, a mustread owner's manual for everybody. \$38.00 HC



A Mind Spread Out On the Ground – by Alicia Elliott Another staff favourite at Volume One. A bold and profound work by Haudenosaunee writer Alicia Elliott, A Mind Spread Out on the Ground is a personal and critical meditation on trauma, legacy, oppression and racism in North America. \$25.00 HC

Ecstasy and Terror – by Daniel Mendelsohn Essays on everything from the Aeneid and Cavafy to Knausgaard and science fiction by one of our greatest contemporary critics. \$24.95 PB





The Beautiful Ones – by Prince

The brilliant coming-of-age-and-into-superstardom story of one of the greatest artists of all time, in his own words--featuring never-before-seen photos, original scrapbooks and lyric sheets, and the exquisite memoir he began writing before his tragic death. \$40.00 HC

Belonging: A German Reckons with History and Home – by Nora Krug

A Volume One staff favourite when it was in hardcover! A revelatory, visually stunning graphic memoir by artist Nora Krug. It tells the story of her attempt to confront the hidden truths of her family's past in Nazi Germany. \$27.00 PB





Janis: Her Life and Music –by Holly George-Warren The first biography of Janis Joplin to establish her as the rule-breaking trailblazer and complicated, genderbending rebel she was - based on unprecedented access to her family, friends, forgotten archives, and long-lost interviews. \$38.99 HC

Truth Be Told: My Journey Through Life and the Law

by Beverley McLachlin

Former Chief Justice of the Supreme Court of Canada Beverley McLachlin offers an intimate and revealing look at her life, from her childhood in the Alberta foothills to her career on the Supreme Court, where



BEVERLEY McLACHLIN

she helped to shape the social and moral fabric of the country. \$39.99 HC



Rebent Sinner – by Ivan Coyote

The latest book by the acclaimed storyteller and author of Tomboy Survival Guide, whose plain truths about their experience as a trans person will astound readers with their utter, breathtaking humanity. \$19.95 PB

Happiness Policy Handbook – by Jean Crowder A concise background on happiness studies and science, coupled with practical tools for formulating and integrating happiness policy at all levels of government. Essential reading for policymakers and administrators focused on making people's well-being the purpose of government instead of GDP growth. \$19.99 PB





Our Dogs, Ourselves: The Story of a Singular Bond – by Alexandra Horowitz

An eye-opening, informative, and wholly entertaining examination and celebration of the human-canine relationship for the curious dog owner and sciencelover alike. \$24.99 PB

The Witches Are Coming – by Lindy West In this wickedly funny cultural critique, the author of the critically acclaimed memoir and Hulu series Shrill exposes misogyny in the #Metoo era. \$34.00 HC

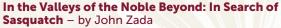


Science and Nature



How to Catch a Mole: Wisdom from a Life Lived in **Nature** –by Marc Hamer

A highly original and beautifully jacketed memoir about a gardener and former mole-catcher living in Wales. This book is effortlessly readable and reveals, in minute detail, a rare vision of the natural world. \$29.95 HC



Part investigative journalism and an obsession since the author's childhood, this book is teeming with gorgeous writing and a driving narrative. John Zada's search for Sasquatch in the Great Bear Rainforest will delight people interested in both human perception and scientific inquiry. \$32.95 HC



FISHES

Fishes of the Salish Sea Puget Sound and the Straits of Georgia and Juan de Fuca - by Theodore Pietsch and James Wilder Orr, Illustrated by Joseph R. Tomelleri Art and science collide magnificently in this

stunning resource documenting 260 fish species of the Salish Sea. Three-volume set, \$179.00 HC

The New Beachcomber's Guide to the Pacific Northwest - by J. Duane Sept

This new edition of the bestselling beachcomber's companion is updated with numerous additional species, new information and photographs of West Coast seashore life, sure to enhance any trip to the beach! \$32.95 PB



Aging

You Look Like a Thing and I Love You: How Artificial Intelligence Works and Why It's Making the World a Weirder Place - by Janelle Shane

We rely on AI every day for recommendations, for translations, and to put cat ears on our selfie videos. We also trust AI with matters of life and death, on the

road and in our hospitals. But how smart is AI really... and how does it solve problems, understand humans, and even drive cars? \$35.00 HC

Successful Aging – by Daniel Levitin

Successful Author of the iconic bestsellers The Organized Mind, Levitin turns his keen insights to what happens in our brains as we age, why we should think about health span, not lifespan, and based on a rigorous analysis of neuroscientific evidence, what you can do to make the most of your 70s, 80s, and 90s today, no matter how old you are. \$32.00 HC



Beyond the Trees – by Adam Shoalts In the spring of 2017, Shoalts, set off on an unprecedented solo journey across Canada's arctic wilderness. His reward is the adventure of a lifetime. Heart-stopping, wonder-filled, and attentive to the majesty of the natural world, this book captures the ache for adventure that afflicts us all. \$32.95 HC

How To: Absurd Scientific Advice for Common Real-World Problems - by Randall Munroe

The world's most entertaining and useless self-help guide, from the brilliant mind behind the wildly popular webcomic xkcd and the #1 New York Times bestsellers What If? and Thing Explainer. How To is a delightfully mind-bending way to better understand the science and technology underlying the things we do every day. \$37.00 HC



Classic Krakauer: Essays on Wilderness and Risk by Jon Krakauer

A selection of the investigative reporting that made Krakauer famous, covering topics from avalanches on Mount Everest to a volcano in Washington State to an extraordinary cave in New Mexico so unearthly that is used by NASA to better understand Mars. \$21.00 PB

To Speak for the Trees – by Diana Beresford-Kroeger Canadian botanist, biochemist and visionary Diana Beresford-Kroeger's startling insights into the hidden life of trees have already sparked a quiet revolution in how we understand our relationship to forests. Now, in a captivating account of how her life led her to these illuminating and crucial ideas, she shows us how forests can not only heal us but save the planet. \$32.00 HC



An Earthling's Guide to Outer Space: Everything You Ever Wanted to Know About Black Holes, Dwarf Planets, Aliens, and More - by Bob McDonald Beloved host on CBC's flagship science show, Quirks & Quarks, Bob McDonald takes us on a tour of our galaxy, unraveling the mysteries of the universe, and

helping us navigate our place among the stars. \$29.99 HC

The Science of Why, Volume 4: Answers to **Questions About Science Facts, Fables, and** Phenomena – by Jay Ingram

Back by popular demand: a brand-new volume of science queries, quirks, and quandaries in the megabestselling Science of Why series, sure to enlighten and entertain readers of all ages. \$29.99 HC





Changing Tides – by Alejandro Frid In Changing Tides, Alejandro Frid, an ecologist working with Indigenous people, argues that a merger of scientific perspectives and Indigenous knowledge might just help us change the story we tell ourselves of who we are — of who we can be — and steer us

towards a more benign Anthropocene. \$19.99 PB



Junior Readers



ArchiTek – by Dominique Ehrhard An introduction to architectural creation, the 95 precut cardboard elements in this book can be combined in an infinite variety of ways to build all sorts of fantastical structures. Follow the full-color idea diagrams to create more than 20

unique projects, then disassemble them and try something

different. \$34.99 PB

Saving Winslow – by Sharon Creech A touching tale about the transformative power of love, friendship, and letting go from Newbery Medal winner Sharon Creech. \$8.50 PB





Pages & Co.: Tilly and the Lost Fairy Tales - by

A captivating, curl-up-on-the-sofa series about the magic of books and the power of imagination. \$21.99 HC

Dear Sweet Pea – by Julie Murphy A funny, heartwarming story about a sixth grader who finds herself in the unlikely role of the town's advice columnist. \$21.00 HC





The Double Dangerous Book for Boys- by Conn

The ultimate companion to the original volume. To be cherished by readers and doers of all ages.

The Ice Chips and the Magical Rink – by Roy MacGregor

Follow your favorite ragtag hockey team as they travel through time with the help of a magic Zamboni! Paddington Storybook Favorites. \$9.99 PB





The Horse of the River- by Sari Cooper Horses and wilderness survival come together in this exciting middle grade debut. Twelve-year-old Gillian finds herself alone in the wilderness, far from help and facing challenges she never imagined even in her worst nightmares. Will the skills she has learned be enough to save her? \$12.95 PB

A Tale of Magic...- by Chris Colfer Kids were crazy about The Land of Stories. This is a new series set in the Land of Stories universe from the #1 New York Times bestselling author, Chris Colfer, perfect for new and old fans! \$23.99 HC





The Tyrant's Tomb (The Trials of Apollo, Book Four) – by Rick Riordan It's not easy being Apollo, especially when you've been turned into a human and banished from Olympus. On his path to restoring five ancient oracles and reclaiming his godly powers, Apollo (aka Lester Papadopoulos) faces both triumphs and tragedies. \$25.99 HC

The Crossover – by Kwame Alexander, illustrated by Dawud Anyabwile

A basketball graphic novel with stunning illustrations. Thanks to their dad, Josh Bell and his twin brother, Jordan, are kings on the court. As their winning season unfolds, the world as they know it begins to change. \$18.99 PB





Best Friends – by Shannon Hale Shannon Hale is back with a true story about popularity, sixth grade crushes, and finding your own people in this new graphic novel. Popularity has a set of rules, apparently. Who makes these rules, anyway? \$17.50 PB

Harry Potter and the Goblet of Fire: Illustrated Edition

By J.K. Rowling, illustrated by Jim Kay We've waited two years for this one!! An extraordinary creative achievement by two extraordinary talents, Jim Kay's inspired reimagining of J.K. Rowling's classic series has captured a devoted following worldwide. This stunning new fully illustrated edition of Harry

Potter and the Goblet of Fire brings more breathtaking scenes and unforgettable characters to life. \$59.99 HC



Dog Man: Fetch-22 – by Dav Pilkey Petey the Cat is out of jail, and he has a brand-new lease on life. Can Petey and Dog Man stop fighting like cats and dogs long enough to put their paws together and work as a team? \$15.99 HC

Allies – by Allan Gratz

Alan Gratz, bestselling author of Refugee, weaves a stunning array of voices and stories into an epic tale of teamwork in the face of tyranny -- and how just one day can change the world. Just in time for the 75th anniversary of D-Day. \$23.99 HC





Guts – by Raina Telgemeier Bestselling author Raina Telgemeier once again brings us a thoughtful, charming, and funny true story about growing up and gathering the courage to face - and conquer - her fears. \$16.99 PB

Wings of Fire Graphic Novel #3: The Hidden **Kingdom** – by Tui Sutherland, Mike Holmes The third graphic novel adaption of the bestselling Wings of Fire series! Follow Glory and the dragonets as they try to find the missing dragons, even if it means dragging the peaceful RainWing kingdom into war. \$16.99 PB





The Seventh Voyage: Star Diaries - by Stanislaw Lem, Jon J Muth, Michael Kandel World renowned sci-fi writer Stanislaw Lem, and Caldecott Honor artist John J. Muth team up for a zany sci-fi tall tale about an astronaut caught in a time loop in space who must confront past and future versions of himself! \$26.99 HC

Now You Know What You Eat – by Valorie Fisher From peanut butter and jelly sandwiches to macaroni and cheese, Valorie Fisher explores the science behind our most delicious dishes! \$23.99 HC





Animals: The Definitive Guide of the World's

A stunningly photographed and wellresearched volume spanning the entire animal kingdom, perfect for curious readers. A beautiful addition to any classroom or budding scientist's bookshelf. \$26.99 PB



Legends of the Sky: Dragon Daughter – by Liz Flanagan

Perfect for fans of Cornelia Funke or Rick Riordan, Dragon Daughter is a rich and magical fantasy that touches on the questions of politics, war, and immigration. \$25.99 HC

The Brain is Kind of a Big Deal – by Nick Seluk Have you ever thought about everything your brain does for you? It is always working to keep you alive and safe. So why is the brain such a big deal? Because it makes you YOU, of course! \$23.99 HC



The Unicorn Whisperer – by Dana Simpson Welcome back to the hilarious and heartwarming world of Phoebe and Her Unicorn, where readers of all ages can always find a friend to lend a magical helping hand — or hoof. \$11.99 PB

\$10.99 PB

A World Below – by Wesley King





Words on Fire - by Jennifer A Nielsen Bestselling author Jennifer A. Nielsen transports readers to a corner of history with this inspiring story of a girl who discovers the strength of her people united in resisting oppression as she joins an underground network of book smugglers. \$23.99 HC



What the Eagle Sees: Indigenous Stories of Rebellion and Renewal - by Eldon Yellowhorn and Kathy Lowinger This is history as told from a vastly under-

A class field trips turns into an underground quest

for survival in the latest middle grade novel from

the author of Edgar Award winner OCDaniel.

represented perspective—an Indigenous viewpoint. For readers 10 and up it has full-colour

illustrations, photos and maps throughout, with a glossary, index, and sources sections. \$16.95 PB

History



Great Expeditions: 50 Journeys That Changed Our World - by Levison Wood

Includes not only some of the most famous journeys in history but also introduces many more that ought to be more widely recognized and celebrated. \$22.99 PB

The North-West is our Mother – by Jean Teillet The sweeping story of the Métis nation from the late 1700s to the present by the great grand-niece of Louis Riel. \$36.99 HC



TED BARRIS

COLD

WAR

ODD ARNE WESTAD

How to Draw a Map

by Malcolm Swanston

A fresh look on the centuries-old art of mapmaking, from the first astronomical maps to the sophisticated GPS guides of today. \$32.99 HC

Flight of the Highlanders – by Ken McGoogan Intertwines two perspectives while they battle through hunger, hardship and murderous prosecution. \$32.99 HC



Rush to Danger – by Ted Barris A personal and inspiring look at war's unsung heroes. \$32.99 HC



The Force: The Legendary Special Ops Unit and WWII's Mission Impossible -

by Saul David The Force tells the riveting, true story of the group of elite US and Canadian soldiers -- mountainmen, lumberjacks, hunters, and explorers -- who sacrificed everything to accomplish a crucial but nearly impossible





The Cold War: A World History

The definitive history of the Cold War and its ongoing impact around the world. \$30.99 PB



From Russia with Blood: The Kremlin's Ruthless **Assassination Program and Vladimir Putin's** Secret War on the West - by Heidi Blake The story of how Russia refined the art and science of targeted assassination abroad while Western spies watched in horror and their governments failed to guard against the threat. \$38.00 HC

Russian Roulette: The Inside Story of Putin's War on America and the Election of Donald Trump by Michael Isikoff

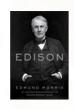
In a presidency that abrades all conventions, the infiltration of Russian elements into the 2016 Trump campaign and administration is the story that won't go away. And this story only seems to snowball with the impeachment proceedings. \$22.99 IN PAPERBACK FEBRUARY 2020



Mudlark - by Lara Maiklem

A guixotic journey through London's past, Mudlark plumbs the banks of the Thames to reveal the stories hidden behind the archaeological remnants of an ancient city. Long heralded as a city treasure herself, expert "mudlarker" Lara Maiklem is uniquely trained in the art of seeking. \$36.95 HC

Edison – by Edmund Morris This Pulitzer Prize-winning author brings a revelatory new biography of Thomas Alva Edison, the most prolific genius in American history. He averaged a patent for every 10-12 days of his adult





life \$50.00 HC

Possess the Air – by Taras Grescoe This is the story of the freedom fighters who defied Benito Mussolini by opposing the rising tide of populism and xenophobia. Chief among them: poet and aviator Lauro de Bosis, firstborn of an Italian aristocrat and a New Englander, who

transformed himself into a modern learns and

amazed the world as he risked his life in the skies to bring down Il Duce. This is an essential biography for our time. \$22.95 PB

Nothing Better than Fiction



The Last Train to London – by Meg Waite Clayton Historical fiction for fans of The Tattooist of Auschwitz and The Nightingale \$24.99 PB

Dutch House – by Ann Patchet A moving, contemporary page turner about a complex bond between two siblings, the loss of their childhood home, and a past in which they've become imprisoned. \$24.99 PB



THE WINTER

SOLDIER

Return to Spinner's Inlet: Stories – by Don Hunter A new collection of stories featuring the quirky cast of Spinner's Inlet, a fictional community in the Gulf Islands first introduced in the Vancouver Province.

The Winter Soldier – by Daniel Mason From the gilded ballrooms of Imperial Vienna to the frozen forests of the Eastern Front; from hardscrabble operating rooms to battlefields thundering with Cossack cavalry, The Winter Soldier is the story of war and medicine, of family, of finding love in the sweeping tides of history, and finally, of the mistakes we make, and the precious opportunities to atone. \$22.99 PB

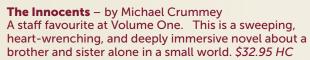


Circe – by Madeline Miller "A bold and subversive retelling of the goddess's story," this #1 New York Times bestseller is "both epic and intimate in its scope, recasting the most infamous female figure from the Odyssey as a hero in her own right" (Alexandra Alter, The New York Times). \$22.99 IN PAPERBACK IN SPRING 2020

Convenience Store Woman - by Sayaka Murata A sharp-eyed look at contemporary work culture and the pressure to conform, Convenience Store Woman offers a charming and fresh portrait of an unforgettable heroine. \$22.50 PB



The Western Wind- by Samantha Harvey Hailed as "one of the UK's most exquisite stylists" (Guardian), Harvey's breathtaking novel is a medieval mystery in reverse, set over several disquieting holy days. \$23.95 PB





The Starless Sea – by Erin Morgenstern From the New York Times bestselling author of The Night Circus, a timeless love story set in a secret underground world—a place of pirates, painters, lovers, liars and ships that sail upon a starless sea. \$32.95 HC

The Wagers - by Sean Michaels The Scotiabank Giller-winner is back with his widely anticipated second novel, a deeply satisfying story of long odds, magical heists and the dizzying gamble of life. Where does luck come from? What is it worth? And how much of it do you need to be happy? \$32.95 HC



Empire of Wild – by Cherie Dimaline From the author of The Marrow Thieves, a propulsive, stunning and sensuous novel inspired by the traditional Métis story of the Rogarou--a werewolflike creature that haunts the roads and woods of Métis communities. A messed-up, grown-up, Little Red Riding Hood. \$29.95 HC





Girl at the Edge of Sky - by Lilian Nattel A unique, thrilling, sometimes terrifying novel based on the life and death of Lily Litvyak, a female Soviet flying ace and fighter pilot shot down behind German lines in the Second World War. \$24.95 PB

Albatross – by Terry Fallis From two-time Leacock Medal winner Terry Fallis comes a funny and smart new novel about destiny-and what it means to forge your own path. \$22.95 PB





Ninth House – by Leigh Bardugo The mesmerizing adult debut from #1 New York Times bestselling author, Leigh Bardugo, a tale of power, privilege, forbidden magic, and murder set among the Ivy League elite. \$34.99 HC

An Irish Country Family – by Patrick Taylor Shifting effortlessly between two time periods, bestselling author Patrick Taylor continues the story of his beloved characters while vividly bringing the daily joys and struggles of this delightful Irish village to life. \$36.50 HC





Out of Darkness, Shining Light – by Petina Gappah A dazzling, powerful novel about the 19th century explorer David Livingstone and the extraordinary group of Africans who carried his body 1500 miles from the interior of the "dark continent" to the sea. \$36.00 HC

I Saw Three Ships – by Bill Richardson From one of our most beloved Canadian personalities comes a book set around Christmastime in Vancouver's West End neighbourhood. The eight linked stories take their direction from the seasonal tug-of-war between expectation and disappointment that occurs as the light deepens. These are quirky stories, sometimes twisted, sometimes tender, intended for anyone who's ever been stuck with their wheels spinning in December. \$16.95 PB



The Institute – by Stephen King A stunning and propulsive story about kids in the direst jeopardy who- as they do in IT- collaborate and prevail against evil and a supremely powerful and terrifying cabal of adults. \$39.99 HC



The World That We Knew – by Alice Hoffman A staff favourite at Volume One. It is 1941 France during humanity's darkest hour. A rabbi's daughter creates a rare and unusual golem who is sworn to protect a 12 year old girl in this fantastical survival story. \$24.99 PB



Frogcatchers – by Jeff Lemire Experience a surreal descent into one man's psychosis in this haunting and chilling graphic novel from one of comics' master storytellers, referred to as the Stephen King of graphic novelists. \$24.99 HC

The Great Happiness- by M.A.C. Farrant A delightful collection of seventy miniature fictions and comics riffing on the theme of happiness, The Great Happiness offers a series of lively antidotes to the current climate of doom. This is the third in a prizewinning trilogy of miniature fiction by Farrant. \$14.95 PB



Young Adult



Supernova – by Marissa Meyer All's fair in love and anarchy. . . Supernova, the epic conclusion to author Marissa Meyer's thrilling Renegades Trilogy finds Nova and Adrian struggling to keep their secret identities concealed while the battle rages on between their alter egos and their allies. Secrets, lies, and betrayals are revealed as

anarchy once again threatens to reclaim Gatlon City. \$26.99 HC

Consent (for Kids!): Boundaries, Respect, and Being in Charge of YOU – by Rachel Brian With clear explanations, fun illustrations, and expertly-presented information, Consent (for Kids!) is an empowering introduction to consent, bodily autonomy, and how to respect yourself and others. \$21.99 HC





The Fountains of Silence – by Ruta Sepetys Master storyteller of Young Adult fiction, Sepetys once again shines light into one of history's darkest corners in this epic, heart-wrenching novel about identity, unforgettable love, repercussions of war, and the hidden violence of silence-inspired by the true postwar struggles of Spain. \$24.99 HC

The Book of Dust: The Secret Commonwealth by Philip Pullman

Return to the parallel world of His Dark Materials in the second volume of Philip Pullman's new bestselling masterwork The Book of Dust, and discover what comes next for Lyra. HIS DARK MATERIALS IS SOON TO BE AN HBO ORIGINAL SERIES! \$29.99 HC





Dangerous Alliance – by Jennieke Cohen Jane Austen meets The Gentleman's Guide to Vice and Virtue in this winking, witty stand-alone historical romance with a dash of mystery. \$21.99 HC

The Truth About Magic – by Atticus From the internationally bestselling author of The Dark Between Stars and Love Her Wild, Instagram sensation Atticus returns with another romantic and deeply moving poetry collection. In his third book, Atticus takes us on adventure to discover the truth about magic. \$24.50 PB



Wayward Son - by Rainbow Rowell The hotly anticipated sequel to the no. 1 bestseller Carry On. That story was supposed to be over. Simon Snow did everything he was supposed to do. He beat the villain. He won the war. He even fell in love. Now comes the good part, right? Now comes the happily ever after. . . So why can't Simon Snow get off the

couch? \$26.99 HC

Sports



In Search of Al Howie – by Jared Beasley The story of BC's ultra marathon runner Al Howie is a remarkable and at times unbelievable adventure into the heart of the longest races in the world with one of modern history's most eccentric athletes. There is a local connection to this book. \$25.00 PB

More Noble Than War: A Soccer History of Israel-Palestine – by Nicholas Blincoe

A new lens into the Israeli-Palestinian conflict, revealing how soccer has influenced politics--and how politics has shaped the beautiful game. \$22.99 PB





Canyon Dreams - by Michael Powell The moving story of a Navajo high school basketball team, its members struggling with the everyday challenges of high school, adolescence, and family, but also the greater, unique obstacles facing Native Americans living on reservations. \$37.00 HC

Games of Deception: The True Story of the First U.S. Olympic Basketball Team at the 1936 Olympics in Hitler's Germany - by Andrew Maraniss

The story of basketball, from its invention by Canadian James Naismith in Springfield, Massachusetts, in 1891, to the sport's Olympic debut in Berlin and the eclectic

mix of people, events and propaganda on both sides of the Atlantic that made it all possible. Perfect for fans of The Boys in the Boat and Unbroken. \$24.99 HC



Most Valuable - by Gare Joyce

The current hockey generation's brightest talent, Sidney Crosby, has been plaqued by concussions. Now, the very style of play that has brought him such success may be heralding the end of his career. An in depth analysis of a changing sport and its influencers. \$32.95 HC

Running With Sherman: The Donkey with the Heart of a Hero - by Christopher McDougall From the bestselling author of Born To Run, a heartwarming story about training a rescue donkey

to run one of the most challenging races in America. Along the way, he shows us the life-changing power of animals, nature, and community. \$36.95 HC







Scotty – by Ken Dryden

Scotty Bowman is recognized as the best coach in hockey history, and one of the greatest coaches in all of sports. Ken Dryden was a Hall-of-Fame goaltender with the Montreal Canadiens. His critically acclaimed and bestselling books have shaped the way we read

and think about hockey. Now the player and coach who won five Stanley Cups together team up once again. \$34.95 HC

Yoga For the Inflexible Male – by Yoga Matt A yoga book for the chronically inflexible, with practical, down-to-earth advice for weekend warriors, aging athletes, and anyone else who could benefit from a bit more flexibility in their lives. \$22.00 PB





101 Fascinating Hockey Facts – by Brian McFarlane Have you heard about the referee who was dragged back to the rink by an angry mob demanding he change the result? Or the playoff goal that was scored with half a puck? Or the fourteen-year-old who played in a professional game? NHL elder-statesman Brian McFarlane tells 101 tales packed with trivia and did-

you-knows hockey fans will love. \$13.99 PB

In the Kitchen



Half the Sugar, All the Love – by Jennifer Tyler Lee, Anisha Patel

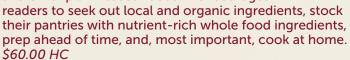
Today our kids consume at least three times the recommended daily allowance of sugar. This is a family cookbook offering 100 recipes that minimize added sugar but retains all the

flavour - breakfast through dessert. Also, includes an action plan for stocking your pantry and shopping as well as many more added tips to get rid of excess sugar. \$34.95 PB

Whole Food Cooking Every Day

by Amy Chaplin

Ingenious recipes incorporating the foods that are key to a healthy diet: seeds and nuts, fruits and vegetables, whole grains, and other plant-based foods. It encourages





Mad Hungry: Sunday Suppers

by Lucinda Scala Quinn
A collection of the author's best recipes for getting the family together on a Sunday night.
Recipes for classic chicken dinners, hearty beef stews, roasts, and appetizing sides.

\$19.95 HC

Home-Grown Harvest – published by Ryland Peters & Small

Simply organized, the book makes each vegetable or fruit the star of its own chapter, providing a wealth of different recipes to use up any surplus you may have (from the backyard or a trip to the farmers' market) More than 150 recipes. \$27.95 HC





Smoke, Wood, Fire: The Advanced Guide to Smoking Meat – by Jeff Phillips

Take smoking meat, fish and game to the next level. Blogger Jeff Phillips' advanced guide includes detailed information on modern and legacy smoking techniques along with expert advice on accessories, woods and charcoal,

temperature control methods, dehydrators, and even a few recipes including one for "streaky" bacon using a 100+ year old brine recipe! \$29.95 PB

You Suck at Cooking: The Absurdly Practical Guide to Sucking Slightly Less at Making Food

From the mysterious voice behind the wildly popular, slapstick YouTube channel comes a 60-recipe cookbook for people who can't cook. In the signature tutorial-style of the

videos, You Suck at Cooking delivers illustrated how-tos for kitchen basics including fabulous sandwiches. It's as useful as it is hilarious. \$25.99 HC





Cedar and Salt: Vancouver Island Recipes from Forest, Farm, Field and Sea - by DL Acken and Emily Lycopolus More than 100 homegrown, modern recipes that celebrate the most treasured local ingredients from Vancouver Island. \$45.00 HC

Pinch of Nom: 100 Slimming, Home-style Recipes – by Kay Featherstone and Catherine Allinson

100 delicious, mouth-watering, and healthy recipes from the founders of the UK's most popular food blog. Slimming food has never tasted so good! \$44.99 HC





Burdock & Co: Poetic Recipes Inspired by
Ocean, Land and Air – by Andrea Carlson
A stunning cookbook of unexpected recipes
inspired by the natural world of the Pacific
Northwest. An evocative, original, and playful
cookbook that invites you to embrace the

natural rhythms of the world around you, wherever you are. \$35.00 HC

Masterchef Junior Bakes!

by Junior Masterchef
From "America's most watched cooking
show," MasterChef Junior, comes a cookbook
of 100 playful baking recipes inspired
by MasterChef Junior's young chef contestants,
plus plenty of tips, techniques, and step-by-step
photographs to enchant bakers ages 8 to 100! \$25.95 PB



Alpine Cooking – by Meredith Erickson A lushly photographed cookbook and travelogue showcasing the regional cuisines of the Alps, including 80 recipes for the elegant, rustic dishes served in the chalets and mountain huts situated among the alpine

peaks of Italy, Austria, Switzerland, and France. \$66.00 HC

Rachael Ray 50 – by Rachael Ray America's favorite self-taught cook opens up about the most memorable moments of her life in this candid memoir-inspired cookbook featuring 125 all-new recipes. *\$42.00 HC*





Power Spicing – by Rachel Beller Registered dietician Rachel Beller explains the benefits of spices and how they work in sync, offering 60 simple recipes that not only taste great, but also help you stay healthy. \$22.99 HC

Nothing Fancy – by Alison Roman Feeding friends--and feeding yourself--is an unfussy affair with social media superstar and newly minted New York Times columnist Alison Roman. \$42.50 HC





Pastry Love: A Baker's Journal of Favorite Recipes – by Joanne Chang

This book also includes master lessons and essential techniques for making pastry cream, lemon curd, puff pastry, and more, all of which make this book a must-have for beginners and

expert home bakers alike.\$57.00 HC



Official Downton Abbey Cookbook - by Annie Gray

Over 100 recipes that showcase the cookery and customs of the Crawley householdfrom upstairs dinner party centerpieces to downstairs puddings and pies—and bring an

authentic slice of Downton Abbey to modern kitchens and Downton fans. \$47.00 HC

Poilane: The Secrets of the World-Famous Bread Bakery - by Apollonia Poilane For the first time, Poilane provides detailed instructions so bakers can reproduce its unique "hug-sized" sourdough loaves at home, as well as the bakery's other much-loved

breads and pastries. From sunup to sundown, it traces the hours in a baker's day, blending narrative, recipes, and Apollonia's philosophy of bread. \$50.00 HC



How to Cook Everything: Simple Recipes for Great Food - by Mark Bittman

For twenty years, Mark Bittman's How to Cook Everything has been the definitive guide to simple home cooking. This new edition has been completely revised for today's cooks

while retaining Bittman's trademark minimalist style-easyto-follow recipes and variations, and tons of ideas and inspiration. \$52.00 HC

Joy of Cooking: New Edition

by Irma S. Rombauer A new generation of JOY for a new generation of cooks--with over 600 new recipes and 4,000 favorites revised and updated. Rombauer's great-grandson John Becker and his wife, Megan Scott edited the new JOY with an eye on how we cook today. \$50.00 HC



Tawaw: Progressive Indigenous Cuisine by Shane M. Chartrand Acclaimed chef Shane M. Chartrand's debut cookbook explores the reawakening of Indigenous cuisine and what it means to cook, eat, and share food in our homes and communities. \$34.95 HC

Fermentation Made Easy! Mouthwatering Sauerkraut: Master an Ancient Art of Preservation, Grow Your Own Probiotics, and Supercharge Your Gut Health

by Holly Howe Take the guesswork out of making sauerkraut with this proven step-by-step process for fermenting sauerkraut in a jar, with clear and detailed photo-rich instructions. \$37.95 PB



Dirty Food by Julie Van Rosendaal The first in a new series of small format, single subject cookbook. Author of Spilling the Beans, Van Rosendaal presents a playful pushback against the current trend toward "clean eating", with recipes for deliciously messy dishes: think sticky buns, sloppy joes,

dirty rice, etc. \$19.95 PB

Roam



Atlas Obscura - by Joshua Foer, Ella Morton, **Dylan Thuras**

The bestselling book that celebrates wonder all around the world and in our backyards, now in an updated second edition with more than 120 brand-new destinations to explore, new city guides, and a full-color gatefold map. \$55.00 HC

Nomad - by Emma Reddington, Sian Richards

This book shows you how, with tours of 26 unconventional homes and the people who live in them, plus all the information you need to make your own off-the-grid dream a reality. Includes sources for replacement RV parts, portable power solutions, tiny wood

stoves, and much more. The author is Canadian and the Editor in Chief of House and Home Magazine. \$44.95 HC



ooking

Mouthwatering Sauerkraut

Wanderlust: A Traveler's Guide to the Globe- by Moon Travel Guides Dream, discover, and uncover your next great

adventure. Moon Travel Guides takes you on a journey around the world with Wanderlust: Experiences, Adventures, and Wonders of the World. \$50.00 HC

Cabin Porn: Inside- edited by Zach Klein Yummy photos of unique woodstoves, Hudson Bay blankets, and quiet rustic living spaces from the creators of the wildly popular Cabin Porn phenomenon. \$40.00 HC



Uncharted: A Couple's Epic Empty-Nest Adventure Sailing from One Life to Another by Kim Brown Seely

This is an adventure story about a voyage that involves a too-big sailboat, a narrow and unknown sea, and an appetite to witness a mythical blonde bear that inhabits a remote rainforest. \$24.95 HC

North Korea Journal – by Michael Palin In this beautifully illustrated journal based on a TV documentary, writer, comedian and world traveler Michael Palin journeys to North Korea, offering a glimpse of life inside the world's most secretive country, uncovering surprises and making friends along the way. \$32.95 HC





Primitive Technology – by John Plant From the founder of the latest back-to-theland movement, Primitive Technology-launched in 2015 on the YouTube channel that now counts more than 9.2 million subscribers--comes a wild guide to building huts and tools using your own two hands. This is the ultimate handbook for living off the land. \$25.99 HC

Childrens



Can You Hear the Trees Talking? – by Peter Wohlleben

With The Hidden Life of Trees, Peter Wohlleben established himself as a global advocate for forests. Now, Peter shares the mysteries and magic of the forest in language kids will love and understand. \$24.95 HC

Hello, Crow! – by Candace Savage Inspired by a true story about a real girl and her crow friends, Hello, Crow! encourages children to embark on their own outdoor adventures. \$22.95 HC



PADDINGTON'S POST

Paddington's Post – by Michael Bond A new interactive novelty book that explores Paddington's new life in London after travelling the world. Includes real mail to open and enjoy! \$21.00 HC

The Fate of Fausto – by Oliver Jeffers A modern-day fable for our times about a man who set out to own everything. When he came to take over the sea, he had met his match. \$24.99 HC



MOG TIME

Mog Time – by Judith Kerr Six favorite Mog stories brought together in one gift volume, perfect for reading at bedtime. \$31.00 HC

Paddington's Storybook Favorites –by Michael Bond

Enjoy your favorite Paddington stories in this beautiful paper-over-board collection. Now with a new cover and exclusive sticker sheet! \$15.99 HC



Please Don't Eat Me

Please Don't Eat Me – by Liz Climo Beloved author-illustrator Liz Climo is back with a hilarious take on a budding friendship between Bear and Bunny. *\$23.49 HC*

An Elephant & Piggie Biggie Volume 2! – by Mo Willems

From award-winning, best-selling author and illustrator Mo Willems comes a bind-up of five Elephant & Piggie adventures to spark early-readers' imaginations. \$22.49 HC



SNEAKY

Sneaky Beak - by Tracey Corderoy Don't delay—call Sneaky Beak today for deals beyond your wildest dreams! A laugh-out-loud story about consumer culture and being happy with what you have. \$26.95 HC

Countdown to Christmas- by Adam Guillain & Charlotte Guillain

A joyous and festive rhyming tale about the lead-up to Christmas. Comes complete with an advent calendar to countdown the days alongside the characters! \$15.95 PB



SABAR OT **The Babar Collection:** Four Classic Stories - Jean de Brunhoff

A beautiful boxset containing four hardcover picture books from world-renowned author and illustrator, Jean de Brunhoff. The perfect introduction to this beloved, classic character! \$39.95 HC



The Truth Pixie - Matt Haig An enchanting, rhyming story that will delight younger readers—with words by bestselling mastermind Matt Haig, and pictures by inky genius Chris Mould. \$20.95 HC

The Tree That's Meant To Be – by Yoval Zommer A heartfelt, gorgeous Christmas picture book for families to share together during the holidays—about a crooked little fir tree and a powerful message about love and embracing what makes you different. \$23.99 HC





Just Because – by Mac Barnett Why is the ocean blue? What is the rain? What happened to the dinosaurs? It might be time for bed, but one child is too full of questions about the world to go to sleep just yet. \$21.99 HC

The Shortest Day – by Susan Cooper In this seasonal treasure, Newbery Medalist Susan Cooper's beloved poem heralds the winter solstice, illuminated by Caldecott Honoree Carson Ellis's striking illustrations. \$23.99 HC





How Trains Work- by Lonely Planet and illustrated by James Gulliver Hancock Young readers will travel through history and around the world to find out everything they ever wanted to know about trains. Unfold pages and lift flaps to reveal bustling stations,

old steam locomotives fueled with coal, and high-speed trains zooming across Japan at almost 400 miles per hour! \$26.99 HC

Three Cheers for Kid McGear! – by Sherri Duskey Rinker, illustrated by AG Ford She might be small, but she's got it all-she's Kid McGear, Skid Steer! Kid McGear is the newest truck to join the Goodnight, Goodnight, Construction Site crew, and she's eager to help with even the roughest and toughest construction work. \$25.50 HC



Good Night, Little Blue Truck – by Alice Schertle, illustrated by Jill McElmurry Beep! Beep! It's time for sleep. Say goodnight with Little Blue Truck and friends - a perfect bedtime read-aloud in this bestselling series! \$25.50 HC

Everything Awesome About Dinosaurs and Other Prehistoric Beasts – by Mike Lowery Discover the must-have book for dinosaur enthusiasts, a madcap field guide full of facts and humour, and learn everything you ever wanted to know about prehistoric beasts! \$22.99 HC





Goodnight, World – by Andrea Lynn Beck In this cozy companion book to Goodnight, Canada, children will explore connections and develop global awareness, as each intricate spread sets the scene at bedtime around the world. \$16.99 HC



The Incredible Freedom Machines

by Kirli Saunders, Matt Ottley A beautiful celebration of the power of books - the ultimate freedom machines that fuel the imagination and break down all barriers. \$16.99 HC

Illustrated Treasury of Classic Children's

Stories - by Charles Santore With 14 gorgeously illustrated children's stories, this treasury will hold a spot on the family bookshelf for generations. From fairytale classics like The Little Mermaid, and Snow White to timeless gems like The Wonderful



Wizard of Oz, and The Tale of Peter Rabbit. \$49.95 HC

Harry Potter: A Hogwarts Christmas Pop-Up Reusable Advent Calendar

Recapture the holiday memories from the Harry Potter series, or create your own, as you celebrate the holidays with this must-have collectible for fans of the Wizarding World. It re-creates the iconic Great Hall as seen in the

Harry Potter films, complete with a pop-up Christmas tree at the center. \$53.00 HC

How Do Dinosaurs Say Merry Christmas?

by Jane Yolen, Mark Teague Ho ho ho! America's bestselling dinosaur series celebrates Christmas in an engaging board book overflowing with humor and joy! \$10.99 BB

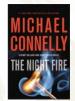


Mystery



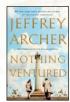
The Noble Path - by Peter May Set in Cambodia during the Khmer Rouge's genocide, soldier-of-fortune, Jack Elliott tracks hostages and Lisa Robinson traces her heritage, each intent on reuniting a family. To succeed, they each must run a dangerous gauntlet of bullets and betrayal. \$17.49 PB

The Night Fire – by Michael Connelly Harry Bosch and LAPD Detective Renée Ballard come together again on the murder case that obsessed Bosch's mentor, the man who trained him. For the Michael Connelly fan on your list. \$37.00 HC



A Better Man - by Louise Penny Catastrophic spring flooding, blistering attacks in the media, and a mysterious disappearance greet Chief Inspector Armand Gamache as he returns to the Surete du Quebec. Of course a body is discovered and in the tumult, mistakes are made. \$36.99 HC

Nothing Ventured – by Jeffrey Archer Nothing Ventured heralds the start of a brand new series introducing Detective William Warwick. But this is not a detective story, this is a story about the making of a detective . . . \$34.99 HC





Broken Ground – by Val McDermid A shocking new Karen Pirie novel about a mysterious corpse and a fight for the truth. \$23.95 PB

The Long Call – by Ann Cleeves The bestselling author of the Shetland and Vera mysteries, returns with the first book in the brand-new Two Rivers series, featuring Detective Matthew Venn. \$25.99 PB



To the Land of Long Lost Friends

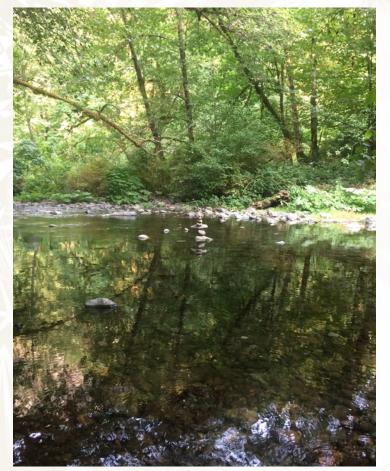
by Alexander McCall Smith In the latest book in the widely beloved No. 1 Ladies' Detective Agency series, Precious Ramotswe takes on a case for a childhood friend. \$32.00 HC

This Poison Will Remain – by Fred Vargas The exhilarating new Inspector Adamsberg novel from France's multi-million-copy bestselling crime fiction star. \$25.00 PB





The Second Sleep – by Robert Harris A young priest, Christopher Fairfax, arrives in a remote English village to conduct the funeral of his predecessor. The land around is strewn with ancient artefacts--coins, fragments of glass, human bones--which the old parson used to collect. Did his obsession with the past lead to his death? \$24.95 PB



BC and Canadiana



The Group of Seven Reimagined: **Contemporary Stories Inspired by Historic** Canadian Paintings -

by Karen Schauber

A celebration of 100 years of Canada's most famous group of painters, expertly blending visual artistry with evocative works of short

fiction. \$24.95 HC

The Survival Guide to British Columbia

by Ian Ferguson

Apparently we are a big granola bar: full of flakes and nuts. A hilarious guide to fitting in, keeping sane, and staying out of trouble in Canada's westernmost province. \$19.95 PB





In Nature's Realm: Early Naturalists **Explore Vancouver Island**

by Michael Layland

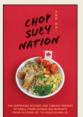
This third volume in Layland's series—on the history of European discovery of Vancouver Island—is a celebration of the Island's richly diverse flora and fauna. \$40.00 HC



by Robert Amos

Following the success of E. J. Hughes Paints Vancouver Island, this is the second volume on the life and work Hughes as he travelled through mainland BC. \$35.00 HC





Chop Suey Nation: The Surprising History and Vibrant Present of Small-town Chinese Restaurants From Victoria, BC to Fogo Island,

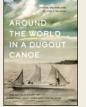
NL by Ann Hui

This memoir weaves together Hui's own family history—from her grandfather's decision to leave behind a wife and newborn son for a new life, to her father's path from cooking in rural China to running some of the largest "Western"

kitchens in Vancouver, to the unravelling of a closely guarded family secret—with the stories of dozens of Chinese restaurant owners from coast to coast. \$24.95 PB

Around the World in a Dugout Canoe: The **Untold Story of Captain John Voss and the**

Tilikum – by John MacFarlane & Lynn J. Salmon The first independent account of the remarkable voyage of the Tilikum. Anticipating fame and wealth, Captain John Voss set out from Victoria, BC, in 1901, seeking to claim the world record for the smallest vessel ever to circumnavigate



the globe. For the journey, he procured an authentic dugout cedar canoe from an Indigenous village on the east coast of Vancouver Island. \$29.95 HC

Voices from the Skeena: An Illustrated **Oral History** – by Robert Budd, illustrated by Roy Henry Vickers

In this collaboration with oral historian Robert Budd, celebrated artist Roy Henry Vickers is inspired by voices from the past to illustrate the rich history of the Skeena



River. Pairing the stories with Roy Henry Vickers's vibrant art creates a unique and captivating portrait of British Columbia that will appeal to art lovers and history readers alike. \$29.95 HC



River Tales: Stories from My Cowichan Years

by Liz Maxwell Forbes

A memoir told in stories set against the backto-the-land movement of the 1970s with the Cowichan River, a constant presence and reminder of what is most important in life. \$24.95 PB

Along the E&N: A Journey Back to the Historic Hotels of Vancouver Island – by Glen A. Mofford An exploration of the history of more than thirty historic hotels nestled along Vancouver Island's E&N Railway, spanning from Esquimalt to Campbell River. Lots of the Cowichan Valley's hotels profiled. \$22.00 PB



